

AMENDMENTS TO THE CLAIMS

Please amend the claims as follows:

1-4. (Cancelled).

5. (Currently Amended) A method for ameliorating a symptom of a mood disorder, wherein said symptom is at least one symptom selected from the group consisting of depressed mood, feelings of guilt, suicide, and retardation: psychomotor, ~~and diminished insight~~ each symptom being assessed according to the assessment method by the Hamilton scale, comprising

administering an effective amount of a composition comprising theanine to a person in need thereof,

wherein said mood disorder is distinct from mood disorders associated with menstruation.

6. (Cancelled)

7. (Previously Presented) The method of claim 5, wherein said composition is administered as a food or beverage.

8. (Previously Presented) The method of claim 5, wherein said symptom of a mood disorder is depressed mood.

9. (Previously Presented) The method of claim 5, wherein said symptom of a mood disorder is feelings of guilt.

10. (Previously Presented) The method of claim 5, wherein said symptom of a mood disorder is suicide.

11. (Previously Presented) The method of claim 5, wherein said symptom of a mood disorder is retardation: psychomotor.

12. (Cancelled)